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## 1) Revision List

Revision	Date	Reason for Revision
0	6/15/2020	Document creation
1	3/24/2021	Update to medical form link, seating area and quarantine guidelines to mirror state requirements
2	1/27/2022	General plan updates

## 2) Scope of this Procedure

**Who):** This procedure applies to all individuals who are participating in baseball at Sunnybrae Little League. This includes, but is not limited to, Board Members, Boosters, Managers, Coaches, Players and Spectators.

**When:** This procedure will be in effect as warranted and declared by State and Federal agencies indicating that a communicable virus is present.

**Where:** At the Sunnybrae Little League complex and scheduled practices at approved locations.

## 3) Purpose of Procedure

**What:** The purpose of this procedure is to define the actions that are to be taken to reduce the risks related to COVID-19 or any other communicable diseases.

**Why:** With risks related to any communicable disease, a process was needed to ensure all reasonable risks are taken to reduce exposure to those participating in our baseball program at Sunnybrae Little League. In

order to assist in this risk reduction, a simple and clear process that outlines expectations for practices, games as well as concession stands, bleachers was needed to ensure consistent application of this procedure.

#### **4) Accountability**

It is the responsibility of the League President to ensure a clear comprehension of expectations and responsibility for all engaged in baseball at Sunnybrae Little League. Our program is made of volunteers and families that are choosing to be here at the league and committed to doing their part to ensuring comprehension and compliance with the details set forth in this plan in addition to written signage around the site. It is to be understood that a virus like COVID-19 cannot be seen but all reasonable steps are being taken to prevent the spread of the virus. Any parent or volunteers is encouraged to raise concerns and ultimately make a choice that is best for themselves and their family.

#### **5) Roles and Responsibilities**

##### **League President:**

**Role:** To assure that all aspects of this procedure are executed. To evaluate effectiveness of the policy and to make improvements to the policy as warranted. The League President will appoint, as appropriate, executive board members to oversee aspects of this procedure.

##### **Responsibilities:**

- Responsible for validating that the information supplied by the Safety Officer warrants activation of this procedure and to communicate to the league at large about the necessary steps.
- Responsible for validating the readiness of the league to meet the procedure described above on an annual basis.
- Responsible for validating that all necessary training is conducted and that all checklists are updated and in action.
- Owns the administration of this document, and the animation of all of the actions that are described in this process. Assures that all actors are trained and able to conduct the actions that are described in this procedure. Assures this document remains current and that changes to the document are made as required. An annual review will be performed as a minimum requirement.

##### **Safety Officer:**

**Role:** Owns To serve as a backup to the League President in the administration of this document, and the animation of all of the actions that are described in this process. They will assure that all actors are trained and able to conduct the actions that are described in this procedure. They will ensure this document remains current and will make changes to the document as events dictate based on experience gained during management of these events. An annual review will be performed as a minimum requirement. The annual review must be completed no later than October 1<sup>st</sup> of each year.

##### **Responsibilities:**

- Identifying when the World Health Organization (WHO), Center for Disease Control (CDC), local or state health departments, etc. recommend changes on how to deal with communicable disease events.

- Ensure associated persons understand their expectations as to how they play a role in the management of these identified risks.
- Ensures that pre screenings are being performed and documented.
- The Safety Officer will validate, through periodic audit, that protocols are being followed.
- The Safety Office will provide all necessary training and checklists as defined.

### **Board Member / OD Coverage:**

#### Responsibilities:

- Ensures social distancing is happening across the field.
- Ensures prescreening is occurring
- Continually manages the “no stopping zone” as indicated on the site layout within this procedure.
- Limits access to the press box to 1 parent only to handle the scoreboard / announcing
- Ensures there is minimal overlapping between games
- Sanitizes the dugout / press box / high touch areas at the end of the night
- Brings hand sanitizer back into field house nightly
- Communicates any concerns directly to the league president

### **Managers / Coaches**

#### Responsibilities

- Ensures social distancing is occurring in the dugouts, during warm-up and practices
- Designates who is the Social Distance Bench coach to ensure distancing and hand sanitizing as required
- Communicates any concerns directly to league president

### **Spectators / Parents / Players**

Spectators are defined as parents, siblings, grandparents, etc. We ask that parents assist and help reinforce guidelines on social distancing, hand sanitizing, etc. While we do not wish to take steps to limit the number of family members, that will be our alternative if these basic guidelines can't be maintained.

#### Responsibilities

- Submit your prescreening form prior to practice or games no more than 1 hour before your scheduled start time
- Ensures they have not experienced any symptoms as defined prior to attending practice or games
- Follows all rules, expectations and guidelines and recommendations to reduce risks
- Ensures social distancing is occurring in the dugouts, during warm-up and practices
- Communicates any concerns directly to league president

## 6) Risk Reduction Strategies / Expectations

There are many strategies that can be taken to reduce risks for all attending events at SLL. It is the Parents and Coaches responsibility to make sure that players, parents, coaches and umpires not feeling well do not attend SLL Events as this is a simple risk mitigation strategy to protect our Sunnybrae Little League community. All players, coaches, umpires and board members shall be subject to prescreening prior to any practice or game as required by state guidelines. Failure to prescreen will result ineligibility to participate for the day.

### Masking

#### Unvaccinated Individuals

**Indoors:** Unvaccinated individuals are recommended to wear a mask in indoor settings when not actively engaged in a practice or game. This includes sitting on the bench, standing on the sideline/in a huddle, gathering/setting up sporting equipment, or spectating.

**Outdoors:** Masks are generally not necessary but are encouraged when there is high level of [COVID-19 transmission](#) and when close contact with other unvaccinated individuals cannot be avoided.

#### Fully Vaccinated Individuals

**Indoors:** It is recommended that fully vaccinated individuals wear a mask in public indoor settings in areas of high [COVID-19 transmission](#) or where there is increased risk....

**Outdoors:** Masking is not generally recommended for fully vaccinated individuals. Fully vaccinated people might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised, at increased risk of severe disease, or not fully vaccinated.

### Symptom Identification and Screening

- Symptoms include (but may not be limited to)
  - Fever > 100.4
  - Cough,
  - Chest tightness,
  - Shortness of breath,
  - Runny nose,
  - Sore throat,
  - Muscle aches,
  - Fatigue,
  - Nausea,
  - Vomiting or diarrhea.
  - Any community member with any of these symptoms should
  -
- Athletes, coaches, staff, and others are asked to stay home if ill with COVID-19 symptoms (or if they are unvaccinated and live with someone who has COVID-19). Screening for fever and symptoms via temperature check and/or questionnaire should be done prior to arriving (90 minutes or less) of each session. Anyone with a fever or any symptoms of COVID-19 should not participate in activities and should separate from others and either go home or seek medical care if needed. **\*Please continue to complete your Health Checks via SLL Google Doc before each practice/game. It is the responsibility of players and their families to check temperatures before arriving at any SLL related activity. If player has a fever, he/she should not come to practice/game and should seek appropriate medical guidance.**

## TESTING

**Persons who had close contact with someone who has COVID-19: Persons who have close contact with someone with COVID-19, regardless of vaccination status should be tested 5-7 days after the last exposure (unless recently recovered as defined below).**

**Unvaccinated individuals should be tested as soon as possible and if negative, again 5-7 days after the last exposure.**

- **When COVID-19 activity is “High,” persons who test negative (or if they weren’t tested) should stay home and quarantine for 14 days.**
- **If COVID-19 activity is not “High,” they should quarantine for 10 days if they aren’t tested or 7 days if they test negative between 5-7 days after exposure<sup>3</sup>.**
- **If they test positive for COVID-19, they should follow timeframes for “persons who are ill.”**

**Fully vaccinated individuals should be tested 3-5 days after exposure, but as long as they remain asymptomatic, can continue participation in youth sports.**

## PERSONS WHO ARE ILL AND/ OR TEST POSITIVE

Anyone experiencing fever or other symptoms of COVID-19 should be tested for COVID-19 and be referred to medical care if needed. Persons who test positive (or who don’t get tested) should not return to sports until at least 10 days have passed since symptom onset and at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and other symptoms have improved.

## Quarantine Time Frames

While a 14-day quarantine period is optimal, NJDOH considers the CDC options to shorten quarantine to be acceptable alternatives in most community settings. (Fully vaccinated is defined as  $\geq 2$  weeks following receipt of the second dose in a 2- dose series, or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine.)

### Options for Shortening Quarantine:

These options only apply if NO COVID-19 symptoms develop during the quarantine period. If symptoms develop, the individual should immediately self-isolate, contact a healthcare provider and/or the local health department, and be tested for COVID-19. Additionally, individuals should continue to self-monitor for symptoms for the full 14-days. Note: Depending on local conditions and capacities, community settings/facilities may choose to continue implementing a 14-day quarantine duration.

### **Acceptable Options to Shorten Quarantine Include:**

1. 7-Day quarantine with testing. Unvaccinated persons can end quarantine after Day 7 after receiving a negative COVID-19 test result collected between Day 5 and Day 7. Quarantine cannot be discontinued earlier than after Day 7.
2. 10-Day quarantine without testing. Unvaccinated persons can end quarantine after Day 10 if they haven't been tested for COVID-19.

### **Quarantine Exceptions:**

1. Fully vaccinated individuals do NOT need to quarantine after contact with someone who had COVID-19 unless they have symptoms. However, they should get tested 5-7 days after their exposure, wear a mask indoors in public for 14 days following exposure or until their test result is negative, and get tested and isolate immediately if experiencing COVID-19 symptoms.
2. Individuals who tested positive for COVID-19 with a viral test within the previous 90

days and have subsequently recovered and remain asymptomatic do NOT need to quarantine. However, they should wear a mask indoors in public for 14 days after exposure, self-monitor for COVID-19 symptoms, isolate immediately if symptoms develop, and consult with a healthcare professional for testing recommendations.

### **TRAVEL**

#### **Domestic Travel**

- Fully vaccinated or recently recovered travelers do not need to quarantine after travel but should self-monitor for symptoms and self-isolate if symptoms develop.
- Travelers who are not fully vaccinated (if travel cannot be deferred) should get tested for COVID-19 3-5 days after travel and self-quarantine at home for 7 days, even with a negative test result. Unvaccinated individuals who do not get tested should stay home and self-quarantine for 10 days after travel.

#### **International Travel**

- Fully vaccinated and recently recovered travelers do not need to quarantine after travel but should self-monitor for symptoms and self-isolate if symptoms develop. Fully vaccinated travelers should get tested for COVID-19 3-5 days after international travel (testing is not recommended for recently recovered travelers).
- Travelers who are not fully vaccinated (if travel cannot be deferred) should get tested 3-5 days after international travel AND should self-quarantine for a full 7 days upon return even with a negative test result. Unvaccinated individuals who do not get tested should stay home and self-quarantine for 10 days after travel.

#### **High Risk Persons**

- Those considered at a "higher risk" as defined by the CDC, State or Local agencies should consider not attending league events.

## Social Distancing

SLL supports the practice of maximizing social distancing (maintain a physical distance at least 6 feet). We recognize that the sport of baseball is well-suited for spacing of players, yet there are constant opportunities for close contact including between catcher and batter during plate appearances and during plays at the bases. Multiple players will be handling the baseball throughout the game, particularly pitchers and catchers.

Spectators, as defined above shall maintain social distancing norms of 6' or more and limit close contact with others. The league will, at its discretion, limit attendance in the event social distancing cannot be maintained and respected. Spectators should wear a face cover while in the spectator area as recommended by the NJ Department of Health.

## Hygiene and Sanitization

- All players and coaches will hand sanitize in between innings.
- Each team will use their own issues baseballs to reduce contact points
- Dugouts and high touch surfaces will be sanitized immediately following the games by OD using a disinfectant solution and battery mister.
- Players will not be congregating in the dugout. We will be physically spacing players out when not on the field.
- Guidelines are set by local and state agencies related to the maximum number of spectators
- Spectators will be distanced away from players in designated areas which are likely to be further from the infield play (ie. along the outfield foul lines and the outfield).
- Coaches will structure warm-up drills to minimize close contact of players.
- Dugouts will be limited to 4 players, with 2 additional players are permitted in the warm up area.
- All players in the dugout area will be required to wear a mask
- In the event of sanitizing materials not being on hand, games will not be played.

## Equipment Usage

- Players are required to only use their own equipment. This includes, but is not limited to:
  - helmet
  - bats
  - gloves
- For players that do not have their own equipment, the league will sign out equipment to the player for the duration of the season.
- Players are not required to wear a face cover while in the field of play or performing vigorous activity.
- Players should wear a face cover will in the designated player areas as recommended by the NJ Department of Health.
- Adult participants, including coaches and umpires should wear a face cover will in the designated player areas as recommended by the NJ Department of Health.
- Additional catcher's equipment will be supplied to teams that do not have dedicated catchers.
- Catchers shall not share equipment during a game
- Coaches will sanitize the equipment between games if transferring the equipment to another player for during the game (available in the field house)
- Outside of baseball plays, players will avoid physical contact (including no high fives or handshakes). At the end of games, players will line up on respective baselines and cheer, shout, wave, or tip hats to the opposing team and umpires.
- Extra gloves will be stocked in first aid kits for coaches to use in the event they have to render first aid to a player.

## 7) Reference Documents

1. [https://nj.gov/health/cd/documents/topics/NCOV/COVID\\_GuidanceForSportsActivities.pdf](https://nj.gov/health/cd/documents/topics/NCOV/COVID_GuidanceForSportsActivities.pdf)
2. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
3. <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
4. <https://covid19.nj.gov/>
5. <https://www.littleleague.org/player-safety/coronavirus-update/faqs/>



## 8) Seating Area Designations

- The league will allow for seating in the bleachers at this time.
- Players will be required to wear masks in the dugout.
- Families will be required to remain 6' spaced in the bleachers.
- Seating will be permitted on the field as the short fence is utilized.

## 9) Disinfectant Data Sheet



### One-Step Disinfectant Cleaner and Deodorant

One-step quaternary disinfectant cleaner and deodorant to clean and disinfect hard surfaces.

#### Features & Benefits

- Kills microorganisms including HIV-1, VRE, MRSA, GRSA, MRSE, VISA, PRSP, Herpes Simplex Types 1&2, Influenza Type A2, Adenovirus, Rotavirus and many more
- Kills the organisms that cause odors and works as an odor counteractant to further eliminate odors not associated with bacteria
- Highly concentrated quaternary formula provides excellent one-step, cost-effective cleaning and disinfection

#### Applications

- Used in medical and general institutional facilities
- Use solution is neutral to floor finish so it will not dull, pit or soften floor finishes





# Virex® II 256

One-Step Disinfectant Cleaner and Deodorant

### Use instructions

#### Preparation

- Pre-clean heavily soiled areas.
- Dilute a 1:256 solution into a bucket, bottle, scrubber or other container.
- Apply solution to hard, nonporous environmental surfaces. To disinfect, all surfaces must remain wet for 10 minutes.
- Air Dry, wipe surfaces to dry and remove any residue, or rinse with potable water as necessary.

Technical data	Virex® II 256
DIN	02241502
Color/Form	Clear, blue liquid
pH	10.2 (Concentrate) 8.8 (Use Dilution 1:256)
Scent	Minty
Shelf Life	3 years (Concentrate) 1 year (Use Dilution)

Product	Pack size	Dilution	Product code	
Virex® II 256	2 x 2.5 L / 84.5 oz. J-Fill® Bottles	1:256	54334	101
Virex® II 256	6 x 946 mL / 32 fl. oz. AccuMix® Containers	1:256	54332	101
Virex® II 256	2 x 1.5 L / 1.58 U.S. Qt. RTD® Units	1:256	3062784	101
Virex® II 256	12 x 946 mL / 32 fl. oz. Empty Bottles		D3680136	101

#### Safe handling

Please make sure your employees read and understand the product label and Safety Data Sheet before using this product. The label contains directions for use; and both the label and SDS contain hazard warnings, precautionary statements and first aid procedures. SDS are available online at [www.diversey.com](http://www.diversey.com) or by calling 888.352.2249. Improper use or dilution may result in damage to surfaces and may result in health and physical hazards that match those of the concentrate. Please refer to the Diversey HazMat Library, only available through Internet Explorer, <http://naextranet.diversey.com/dot/>, for up-to-date shipping information.

## 10) Pre Screening Checklist

Players, coaches, league officials, vendors and umpires will be required to complete the pre-screening checklist.

Any spectators SHALL be required to complete the screening form as well.

<https://forms.gle/n7viRwFJnfz1mgEq5>

All entrants will be required to scan and take their temperature prior to entering the field or seating areas.